

**MANUFACTURED IN
SOUTH AFRICA FOR:**
Alura Pharmaceuticals (Pty) Ltd
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LOT NO. & EXPIRY:

See base of container.



Manufactured by an
ISO 9001 Certified Organisation

HERBAL ICEMAN® Combines the beneficial effects of cold applications widely used on muscle and joints by athletes, the elderly and families, with ancient herbal remedies. A unique formula with extracts of Arnica, Echinacea and other herbs that are matured over a long period of time and then blended with a precise level of natural menthol, to produce an effective muscle cooling gel.

HERBAL ICEMAN® may be effective against aches, sunburn and insect bites.

INSTRUCTIONS:

Apply a generous layer of **HERBAL ICEMAN®** on the affected area and leave uncovered. If necessary, apply again 30 minutes after the first application. For an enhanced effect, expose the area to light. Wash hands with soap and water after application.

WARNINGS:

For external use only. Keep out of reach of children. Store in a cool dry place, away from direct sunlight and heat. Do not apply to damaged, inflamed or sensitive skin. Do not use under a bandage. Keep away from eyes. If there is any irritation, rinse immediately with water and discontinue use. Not recommended for children under 5 years of age. Pregnant and breastfeeding women should consult with their healthcare practitioner before using this product.

INGREDIENTS:

Aqua (Water), Isopropyl Alcohol, Menthol, Carbomer, Arnica Montana (Flower) Extract, Echinacea Purpurea Extract, Triethanolamine, CI 42090 (Blue No 1)